

# FULLY CUSTOMIZED PROGRAM

The Individual Contributor
Development Program begins
with a 15-minute emotional
intelligence assessment that
measures biases and clarity
in thinking. The assessment
results are used to generate
custom development
curriculum focusing on the
participant's strengths and
blind spots. This unique
development program includes
unlimited access to a personal
coach for six months.

# Includes:



### **Custom Development Report**

**60-page customized development report** describing natural strengths and blind spots.



#### 13 eLessons

Emailed every two weeks and include custom development tips and tactics that can be implemented immediately.



#### **Monthly Coaching Calls**

In these monthly 60-minute sessions, the participant will receive personalized coaching based on their strengths and blind spots related to each eLesson. Each coaching session is designed to create accountability and awareness.



# BENEFITS OF THE PROGRAM



**DEVELOP**FUTURE LEADERS



**GAIN** SELF-AWARENESS



INCREASE EMPLOYEE ENGAGEMENT



**MAXIMIZE**PRODUCTIVITY



ENHANCE COMMUNICATION

# COACHING SESSION TOPICS

## Month 1

#1: Deliberate, Automatic, and Reactive Thinking

#2: Establishing Your Trustworthiness

# Month 2

#3: Flexible, Responsive, and "Can Do" Approach

#4: Organizing

### Month 3

#5: Prioritizing

#6: Being Bigger than the Job

## Month 4

#7: Bringing Energy

#8: Things are Under Control

### Month 5

#9: Bringing About Desired Results

#10: Why Surprising Your Boss is Deadly

#### Month 6

#11: Earning the Respect of Your Colleagues

#12: Respecting Your Colleagues

#13: Team Etiquette



# **REAL RESULTS**

"I really enjoyed the e-lessons. They helped me focus on my development and growth as well as helped me be proactive in my communication with my managers and co-workers. The program was great."

- HR COORDINATOR, EQUINOX